

Gymnastics Intern Promotions Sheet – Alabama Meet #PINKMEET

Derek Parker

Report Time 4:15pm

Pre-meet

- Make sure poster tables/roster sheet tables on North end is neat throughout pre-meet
- 1 intern at Kids Zone throughout pre-meet
 - o BOUNCE HOUSE!!!!!!!!!!!!!!!
 - o Face-painting, poster-making and face tattoos!!! GET EXCITED
- Need 1 intern at North and South entrances passing out t-shirts and rally towels
 - o North - [REDACTED] (take over once arrive)
 - o South - [REDACTED]
- Need 2 interns at Apparel Sale at all times during pre-meet / at least 1 during meet – runs until just about 8:30pm
 - o Derek / [REDACTED]
- Pick Hand Stand contestants (5) (Sam)
 - o They will have to hold a hand-stand for as long as possible on the floor mat
 - o Will occur after 1st rotation – while teams move to 2nd event
- Get popcorn for “Delivery of the Game” around 5:50pm – Club level concession stand [REDACTED]
- 5:45pm
 - o Get Golden Girls and pre-meet group ready – GG will go on around 6:07pm followed by pre-meet group [REDACTED]
- 6:00pm
 - o Meet National Anthem Singer – stay near Michael with wireless mic [REDACTED]

In-meet

- Golden Girls / Pre-meet group / Breast Cancer Survivor Recognition / Team Intros
- Prior to MARCH-IN (have ready at 6:00pm)
 - o Breast Cancer Survivors [REDACTED]
 - o Sam with Alabama
- Prior to 1st event
 - o Hand Stand contest
 - Winner gets prize pack
 - Other 4 will get a t-shirt
- Prior to 2nd event
 - o Honorary Coaches [REDACTED]
 - Will be recognized on mat during 4 min touch period
- Prior to 3rd event
 - o Delivery of the Game (**EVERYONE!!!!!!**) *
 - Will be on event level first, then head up
- Prior to 4th event
 - o T-Shirt Toss on the floor (**EVERYONE!!!!!!**) *
 - o At start of this rotation, 1 intern needs to grab flowers
- SPECIAL
 - o If a Mizzou gymnast scores a 9.8 or higher on ANY event, we will be throwing stuffed tiger / t-shirts. Michael will keep everyone updated on scores (videoboard will also have them)
- End of Meet
 - o AUTOGRAPHS – WHOLE TEAM – Need tables / chairs ready on North Concourse